



Veterans & Family Support Program

Building Bridges for our Veterans

SUPPORTING THOSE STILL IN SERVICE

The VFW Adopt-a-Unit program plays a vital role in supporting America's service members throughout the year, and its impact becomes especially meaningful during the Christmas season. Adopt-a-Unit connects VFW Posts, Auxiliaries, and local communities with deployed military units and their families back home. Through this partnership, our volunteers provide morale-boosting support that reminds service members they are never forgotten—especially during the holidays when distance from loved ones is felt most deeply.

As Christmas approaches, consider preparing care packages filled with snacks, toiletries, cards, and small gifts that offer comfort and a touch of home. These thoughtful gestures help brighten the season for troops who may be stationed far from family celebrations. At the same time, Adopt-a-Unit groups support the loved ones left behind with holiday activities, gift drives, and community gatherings that reinforce the strength of the military family.

The Christmas season is a time for gratitude, generosity, and reflection. Through the Adopt-a-Unit program, the VFW ensures that service members and their families feel the warmth of community and the appreciation of a grateful nation. It is a meaningful reminder that the spirit of the season shines brightest when we support one another.

To volunteer your Post or Auxiliary in the Adopt-a-Unit program, contact the VFW Military Assistance Program (MAP) office at **(816) 756-3390**, by email at **m.a.p@vfw.org**, or visit their website at **vfw.org/TroopSupport/**

Approved by:
Dept. President
Mike Yates



VA CLAIMS & SEPERTATION SUPPORT

The VA claims process can be confusing and one that service members and veterans shouldn't try to navigate alone. That's why the VFW's National Veterans Service (NVS) was established to help all veterans, service members, their families and survivors. This is a service the VFW is proud to offer -- FREE OF CHARGE -- to anyone seeking assistance with the claims process. Visit vfw.org/assistance/va-claims-separation-benefits



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VFW Auxiliary
Department of
Florida



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SUPPORT SPOTLIGHT: VFW STUDENT VETERAN SUPPORT PROGRAMS

As the spring semester approaches, student veterans across the country are preparing for a new chapter of academic challenges, growth, and opportunity. Transitioning from military service to campus life can be both exciting and overwhelming, which is why the VFW Student Veteran Support program plays such an important role. Designed to empower veterans as they pursue higher education, this program offers a network of resources that help ensure student veterans thrive both inside and outside the classroom.

Through direct outreach, campus partnerships, and dedicated VFW mentors, the program helps student veterans navigate common hurdles such as accessing VA education benefits, managing financial stress, and adjusting to the pace of academic life. VFW Posts near schools often collaborate with local Student Veterans of America chapters to create welcoming spaces, host networking events, and provide guidance on everything from scholarship opportunities to career readiness.

As the spring semester begins, the Student Veteran Support program reinforces the message that no veteran has to navigate their education journey alone. With encouragement, advocacy, and a strong sense of community, the VFW helps student veterans build confidence, stay engaged, and achieve their academic goals. It's a commitment that reflects the VFW's belief in education as a powerful pathway to success and continued service. For more information, visit vfw.org/assistance/student-veterans-support.



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Veterans Crisis Line



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HOLIDAYS DON'T STOP THE CRISIS

The holiday season can be joyful, but it can also intensify stress, loneliness, and emotional strain for many veterans. The Veterans Crisis Line is available 24/7 to provide immediate, confidential support for veterans and their families during this challenging time. By dialing **988** and **pressing 1**, **texting 838255**, or using the online chat, veterans can connect with trained responders who understand their experiences. This season, the Veterans Crisis Line serves as a vital reminder that no veteran has to face hardship alone. **One life lost is one too many.**

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